



During the lesson:

The lesson content and structure will remain the same as before. Your instructor will make sure the lesson has client-centered aims and objectives and is appropriate for you. You may find they go back to areas that you have covered before, it may have been a considerable amount of time since your last lesson so they will need to reassess where you are.

Your instructor will also advise you that:

- Any writing should be done by them – don't share a pen or device where possible. If you do, they will clean with anti-bac wipes straight afterwards
- Training resources should be held up and not passed between the two of you
- You should try to avoid directly facing each other when discussing scenarios
- If they are going to provide a demonstration drive, they will need to wipe down the controls before and after. If you are wearing gloves, then change the gloves just before and after the demo drive
- The windows will be open to some degree for ventilation, even in wet weather. In hot temperatures, the air conditioning may not be used
- The trainer will teach pupils about recirculated air, and why using this function is particularly risky at present, if the car has this facility
- Discussions during the lesson may be held outside of the car, which is a little different to what you have been used to

Personal Protective Equipment

The C-19 virus can be spread through contact points and air-borne droplets and so personal protective equipment may be advised.

Gloves - these can be used providing they do not impede the safety and handling of the vehicle. The trainer may possibly supply disposable gloves, but you may have to supply your own.

Face coverings/masks - there is a little concern over wearing face coverings because it can hamper communication and, for those wearing eyesight correction, it can steam them up and impede vision. Plastic shields must not be worn due to injury that could be caused if an airbag was to detonate. For these reasons the Dept for Health have advised to look ahead when in conversation and not look at each other.

After the lesson:

Once the session is finished dispose of any gloves safely and wash your hands thoroughly for a minimum of 20 seconds. It may be advisable for you to change all of your clothes on return to home and wash them to help protect your household.

Your Practical Driving Test

Your instructor will explain to you the processes that will be in place post lockdown, but it is likely that there will be some changes as to how the driving test will be conducted. It is very likely that your instructor may not be allowed to accompany you on the test and may also not be allowed near the vehicle at the time of the debrief at the end of the test. A strict hand washing regime is likely to be in place at all test centres. The contents of the test in terms of manoeuvres etc has not changed.

So, your instructor will be in touch as soon as all the necessary restrictions are lifted.

DIA is the largest professional body for driver and rider trainers in the UK, and a globally respected expert on driver training and testing. For more guidance on learning to drive or ride (or to develop your existing skills as a full licence holder, or learn more about acquiring new licences in new categories), drive on over to [GetintoDriving](https://www.getintodriving.com), our dedicated advisory resources on driving and riding. You'll also be able to search for an Approved Driver or Rider Trainer in your local area.

